

I'm reading unless I'm like very focused.

Dr. Kliman: Well, I'm glad that it helps you.

██████████ Yeah.

08:17

Dr. Kliman: I'd like to get a general acquaintance with you. Tell me about yourself as a person.

██████████ As a person?

Dr. Kliman: Yeah, as a person.

██████████ My personality, or—

Dr. Kliman: Yeah, that'd be fine.

08:35

██████████ Um, I'm actually a very depressed person inside. I try to make it seem like, you know, in front of people when I first meet people, happy, excited, but on the inside I'm really depressed. I have really low self-esteem, I'm very self-conscious. I do have a problem with thinking that people are speaking about me. Like when people are talking amongst themselves, I always put it as they're talking about me. Um, I do have a very kind heart. I'll do anything for anybody, but through so many years of being hurt by people, I've built up a wall where I've created an attitude that I basically give the impression that I push people away from me before they come too close to hurt me. So basically, inside I'm very kind but on the outside I have this front, I guess I just have this look to just don't mess with me because I don't want you to come too close. And that's affected a lot of my lifestyle with family and friends and you know, my husband especially.

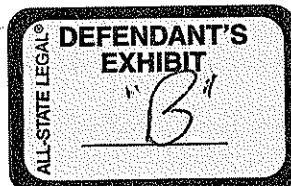
09:50

Dr. Kliman: Really?

██████████ Yes. He's in the military. Right now he's going May 12th, I think, he's going on a seven month deployment. He just came recently to visit for two weeks, and he mentioned a divorce. Because he, you know, said that you know, he said that he knows I'm a great mother and I'll do anything for him, but he can't stand this attitude and edge that I have all the time. I'm always on edge, I'm always saying people are talking about me, and I always take offense to everything. So, you know, he wanted me to go seek help for this problem that I have. Because I don't see it, I have been told by multiple people that I have this problem. And I don't see that I speak with an attitude and I don't see any of it, so I don't know how to fix it. I don't see it. That's about it, for right now.

10:54

Dr. Kliman: Well you seem to have described it as if you do see some of it.



[REDACTED]: People make me realize, you know they'll sit down and speak to me and go over certain scenarios that I've done in the past. And I'll sit there and I'll think about it and I'll be like, "You know what? You're right. I shouldn't have said that" or "I do act like that." I mean, that part where I push people away, I know I do that. It's not intentionally, but I guess it's just happened throughout the years. But the attitude, when I speak with an attitude a lot of people say, I don't hear myself speak with an attitude. But, I guess I do, from what people have said.

11:39

Dr. Kliman: Could you give me an example of a scenario of when people have gone over it with you?

[REDACTED] Um, for instance, my mother-in-law. She came to Virginia to visit us, because that's where my husband's base is at. Um, she came over and she just said that, she took me away from my husband and she's just like, "You guys are arguing because of you." And I was all upset and I was like, "No, it's 'cause of [REDACTED]", which is my husband. I was like, "He's the one that started the fight." And she's like, "[REDACTED] you're not understanding. But the way you speak to him, it's not in a tone voice, you know, like a monotone, very calm voice." I was like, "Yes it was!" And she's like, "No, [REDACTED]. It wasn't." I was like, "I just said, 'Take out the trash.'" And she's like, "That's not how you said it. You said, 'You need to take out the trash, now.'" And she showed me the way I did say it, but in my mind, I don't see that I said it like that. So then we get in a fight and then she would point out basically how I actually did say it, and then I would realize I'd have to sit down for a while and think about it, and I'd be like, you know what, I did say it in a wrong way. 'Cause that's from what you know, what she's telling me. You know, that'd be like a scenario. That's actually something that has happened though.

12:55

Dr. Kliman: So, she came to visit. And when was that one, that visit?

[REDACTED]: That's when I went to New York...I honestly, I cannot remember.

Dr. Kliman: It was before you were on Adderall?

[REDACTED] Yes, I just started, I started pre—recently taking Adderall because I'm going to school again. And I don't take it unless I'm in school to focus. That's why I'm taking it. I don't take it unless I need to concentrate.

Dr. Kliman: Did you take it before December?

[REDACTED]: No.

13:36

Dr. Kliman: So, this is new, this medication.

21:47

Um, because I didn't want to amount to nothing in life, and I felt that if I did not get my diploma, that I wouldn't be able to do anything in life. That's basically it, I just, I felt that if I didn't I would be a nobody. I don't know. It's just how I felt.

22:22

Dr. Kliman: Do you remember what was going on when you were so depressed?

As in what?

Dr. Kliman: Well you said the eleventh and twelfth grade you'd never skipped a day of school. And suddenly, things are very different.

Um...why I was depressed, basically?

Dr. Kliman: That would be one question, yeah.

Basically, it was a combination of a lot together. Of course, a little bit had to do with the Jeffrey Epstein.

Dr. Kliman: Why do you say that?

23:08

Um, honestly, I felt like I...I did it to myself. Like, I was a slut. Like I put myself in that position to do, you know...I didn't know, I thought it was a massage, but it became more and I felt like it's my fault anyways, because I should never put myself in a situation as I'm going to give a guy a massage for two-hundred dollars. And, that took a little toll on me, as in I felt sort of, like disgusting, slutty, like taken advantage of in a way. It was that, and it was also, you know, just a lot. I moved from my mom's house and I was very close, very close to my mother.

24:05

My stepfather and I didn't get along, so I ended up moving in with my father. Cause they moved to South Carolina. I went there for a little while. Then I moved back. And um, I went through a lot with my stepfather and my school. A lot of the girls didn't like me, so I moved to Florida, back to Florida. I was from Florida. And um, my father just, I guess he didn't understand how to do it, how to be a father towards me. And um, he was really—I love my father, but he was really not there for me a lot. And it was very hard for me to go away from my mom. Like, I was very depressed from that also, but I got over it and I started clinging to my friends, a lot. Like, very close. My friends were like my family. My father wasn't really there, and he always worked.

25:07

like he doesn't want it to work." She's like—and then I told her about how he said the attitude thing, and I was speaking to her about our fights. And that's when she said, you know, about the ninth grade, "When I first met you, you were the most shy, quiet, person." Which I was. You know, I've had girls want to stick gum in my hair in middle school, and cut my hair off in South Carolina, and you know, also scenarios where, a rumor, you know, they wanted to slice my throat. And I would just sit there quietly, and I wouldn't say anything. I would just, you know, I'd be very quiet. And now, I'm to the point that if somebody tried to do that, I'd you know, freak out. I'd show my front, which is being a bitch and acting hard, I guess you could say. You know?

48:09

Dr. Kliman: So even if people rumored they were going to slice your throat or put bubblegum in your hair, you didn't retaliate?

[REDACTED] No. The gum in my hair, like that wasn't a rumor. They were doing it, I was really, they were doing it.

Dr. Kliman: They were really doing it?

[REDACTED] Yeah, like I was on a bus, driving. We were on like a charter bus. It was like the class trip to Orlando. And the girls behind me, I don't remember their names, but you know, I could hear them of course. And they were going to put the gum in my hair. And actually one of the guys was like, "What are you doing?" You know, "Don't do that to her." And I knew they were doing it, I could hear everything they were saying, but I just sat there, and I was going to, I didn't want any conflict, I just was quiet...So, I don't know.

48:59

Dr. Kliman: Well, you were different.

[REDACTED] Yes.

Dr. Kliman: In the way you behaved.

[REDACTED] Yes.

Dr. Kliman: And sounded.

[REDACTED] Yes.

Dr. Kliman: Now, coming back to this situation where you and [REDACTED] are together.

[REDACTED] Yes.

Dr. Kliman: And this guy you've never met before pays a taxi. By the way, how much did he pay the taxi?

[REDACTED] Um, I don't know. I know I gave him a big tip, because I remember there was change