

NAME

DOB:

PROGRESS NOTES

5/30/08

Pt has been having anxiety symptoms, low frustration tolerance and irritability. She broke up with her boyfriend a month ago. For the past week, he's been trying to contact her which is her anxiety. I'll change Lexapro to perone. 20mg qd. & she explained. Refer to R.P. for therapy. RTC in 2 months.

6/3/08

Pt had s/e from perone such as GI symptoms. She decided to go back on Lexapro since it did help her in the past. Restart Lexapro 20mg qd. EUC in 5 months.

11/25/08

Pt's doing well in her anxiety symptoms. She reported having symptoms of anger and displacing that feeling onto relatives members. I no s/e from Lex. We discussed that she needs to discuss it with therapist to have coping skills to express her anger. Continue Lexapro. EUC in 6 M.

5/26/09

No show

"F"

Name [REDACTED]

PROGRESS NOTES

11/7/2007

Pt is seen today because she has been having GI symptoms such as nausea and diarrhea after she started taking zolof. Pt is on citalopram 30mg. She is always back talking to her ex-boyfriend. I'll change zolof to lexapro up to 200mg qd. Flu in 4 wks.

~~WILLIAM~~

11/30/07

W=117

H=5-2

BMI=81.4

Pt broke up w her boyfriend yesterday. She's been calmer, not fearful or anxious. Mood has improved compared to the 1st visit.

No S/E from Meds.

Pt used citalopram only twice since she started a Meds.

~~No~~ I'll continue w lexapro + trazodone.

Flu in 2 months.

~~WILLIAM~~

1/22/08 Pt Canceled.

~~WILLIAM~~

2/13/08 Pt has been doing better. She's sleeping w/o the need for trazodone. She reported one episode of anxiety and anger every 2 weeks which she is trying to work on behaviorally. Pt again is back w her boyfriend. I'll continue lexapro 200mg qd. Flu in 3 M.

~~WILLIAM~~

NABIL KARROUM, M.D., P.A.
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PSYCHIATRIC EVALUATION

IDENTIFYING DATA
NAME: [REDACTED] SSN: [REDACTED] DOB: [REDACTED] SEX: [REDACTED]
PRESENTING PROBLEM

pt is a 19 y/o w/3/5 who reported mood symptoms such as episode of depressive manifested by crying spells, anger, low motivation, tolerance of dysphoric mood, poor concentration, sleep disturbance and suicidal ideas with sibs such as cutting her skin on arms legs etc. she took Jan A.D. of pills about 2 weeks ago she also ingested burns on her skin in a cigarette for lighter. pt broke up w her boyfriend 3 months ago after being together for 2 years she has been angry for the breakup and

FAMILY AND PAST PSYCHIATRIC HISTORY
continues to contact him because of her anger. she has no previous hospitalization. she was in the past a combatant and raped (2 M.) she was sexually molested by her friend's brother at age 13 and was raped at age 15. she

SOCIAL AND DEVELOPMENTAL HISTORY
finished H.S. and is currently working for a Real Estate Company for the past 4 M. pt has a 23 y/o sister. Parents got divorced when she was 11 y/o. Father has alcoholism. Mother father has alcoholism.

SUBSTANCE ABUSE HISTORY
pt has been smoking Cannabis on a daily basis. she began at age 13-14 y/o. she also abused Ecstasy occasionally.

MEDICAL HISTORY MEDICATIONS ALLERGIES
none Xanax 0.25mg 4 Ceflex
Birth control

RISK FACTORS OF SUICIDE
☒ Affective disorders. ☐ No friends to talk to. ☐ Chronic physical illness.
☐ Schizophrenia. ☐ Premeditated suicide. ☐ Family history of suicide.
☐ Alcoholism. ☒ Recent suicidal attempt. ☐ Divorced / widowed.
☒ Ages between 7 and 29. ☐ Marital estrangement. ☐ Previous history of violence.
☐ Healthy support system unavailable. ☒ Impulsive lethal suicidal attempt. ☐ Other: _____
☐ Unemployment. ☒ Previous suicidal attempt.
☐ Recent death in family. ☐ Current suicidal ideas.

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PAGE 05/16

MENTAL STATUS EXAM

APPEARANCE

☒ Healthy	☐ Sickly	☐ Limp	☐ Relaxed	☒ Tense	☐ At ease
☒ Groomed	☐ Unkempt	☐ Poised	☐ Comfortable	☒ Angry	☒ Cooperative
☒ Anxious	☒ Depressed	☒ Attentive	☐ Guarded	☐ Evasive	☐ Hostile
☐ Paranoid	☐ Apathetic	☐ Playful	☐ Seductive	☐ Other: _____	

BEHAVIOR

☐ Relaxed	☐ Hyperactive	☒ Tense	☐ Rigid	☐ Retarded	☒ Agitated
☐ Combative	☐ Gestures	☐ Tics	☐ Distracted	☐ Stereotype	☐ Other: _____

SPEECH

☒ Productive	☐ Spontaneous	☐ Slow	☐ Monotonous	☐ Hesitant	☐ Rapid
☐ Pressured	☐ Slurred	☐ Loud	☐ Stuttered	☐ Dysarthric	☐ Other: _____

MOOD

☐ Euthymic	☒ Depressed	☐ Happy	☐ Elated	☒ Irritable	☐ Guilty
☐ Expansive	☒ Angry	☒ Anxious	☐ Fearful	☐ Despairing	☐ Other: _____

AFFECT

☐ Full Range	☐ Restricted	☐ Flat	☐ Constricted	☐ Inappropriate	☐ Other: _____
☐ Blunted	☐ Labile	☒ Dysphoric	☒ Appropriate	☐ Euphoric	

PERCEPTION

Depersonalization: ☐ Yes ☒ No	Illusions: ☐ Yes ☒ No	Derealization: ☐ Yes ☒ No
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Content: _____

Hallucinations: ☐ Yes ☒ No ☐ Auditory ☐ Visual ☐ Olfactory ☐ Gustatory ☐ Other: _____

Content: _____

THOUGHT PROCESS

☐ Logical	☒ Directed	☐ Loose	☐ Poverty	☐ Racing	☐ Confabulation
☐ Circumstantial	☐ Incoherent	☒ Relevant	☐ Tangential	☐ Avoidant	☐ Perseveration

THOUGHT CONTENT

Obsessions: ☐ Yes ☒ No Content: _____Delusions: ☐ Yes ☒ No Content: _____Suicidal Ideas: ☐ Yes ☒ No Content: Not at this time.Homicidal Ideas: ☐ Yes ☒ No Content: _____

Other: _____

COGNITIVE FUNCTION

Memory: ☐ Poor ☒ Good	Attention: ☐ Poor ☒ Good	Abstraction: ☒ Poor ☐ Good	Concentration: ☒ Poor ☐ Good
Alert: ☒ Yes ☐ No	Orientation: ☒ Person ☒ Time ☒ Place	Insight: ☒ Poor ☐ Good	Judgment: ☒ Poor ☐ Good

DIAGNOSIS

AXIS I: <u>① Major Dep. Rec. Mod.</u>	AXIS III: <u>799.9</u>
<u>② comorbid abuse to severe</u>	AXIS VI: _____
AXIS II: <u>799.9 R10 PTSD</u>	AXIS V: <u>Current 60</u>

RECOMMENDATION

① we discussed tx options. I'll start pt on citalopram 35mg and titrate up to 60mg
 ② 3/4 of citalopram explained. pt agreed to D/C citalopram
 ③ R10 in 3-4 weeks.

Psychiatrist's Signature: Nabil Karroum Date of Evaluation: 10/26/07

DOB:

Date	Name of Medication	Dose	Frequency	Amount	Refill
10/26/07	zofelt	50mg	ti qd	60	x
	TRAtedone	100mg	ti qd	30	x
11/7/07	Lexapro sample	100mg	up to ti qd	4wks	x
11/30/07	Lexapro	20mg	ti qd	30	1
	TRAtedone	100mg	ti qd	30	1
2/13/08	Lexapro	20mg	ti qd	30	2
5/30/08	pekeva (=)	20mg	ti qd	28	x
	"	20mg	ti qd	30	x
6/3/08	Lexapro	20mg	ti qd	30	4
	TRAtedone	100mg	ti qd	30	4
11/25/08	Lexapro	20mg	ti qd	30	5

09/04/2009 13:48

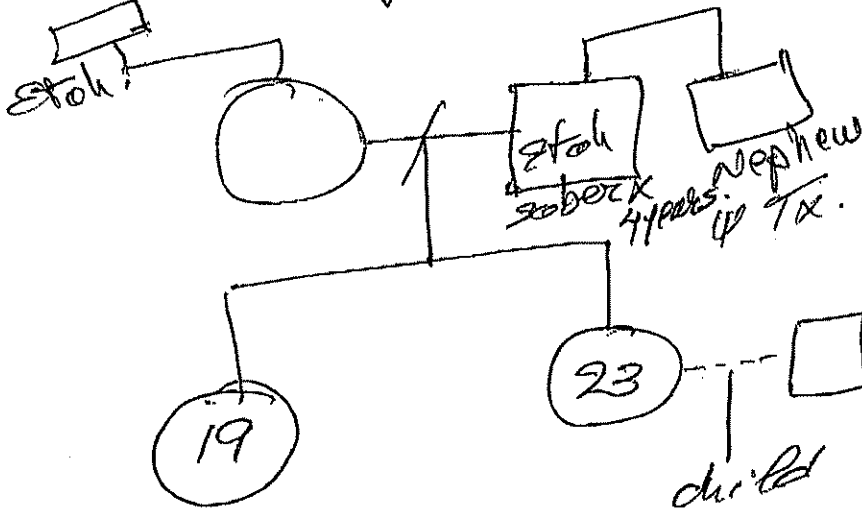
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PAGE 14/16

- PBC.

- ~~Free~~ Birth control.
- no pregnancy.



- cymbalta past Tuesday.
- can't concentrate
- Allergy: cedar
- no medicals

DR. Scauloe.
PCP.

Lab test past
Tuesday.

moody, moody,
tearful

- Break up 3 months ago.

angry

- depressed.
- O.D. on pills 2 weeks ago.
- SIB: cutting
- Burning

- 10-11 y/o
cutting

Parent Divorce

- 13 y/o molested
- 15 y/o. Raped.

- saw a
3 Psychiatrists.

- Zoloft
- therapy.

- Cannabis
darken.

- Ecstasy.

- Xanax
0.25mg

- Insomnia.

- Real Estate
company.